

SENTIENT Bios

Facilitator	Position	Bio
SAFETY GUIDES	Safety Guide	SENTIENT would like to thank our die-hard Safety Guides who work tirelessly work to respond to your personal safety issues and receive any observations of questionable behavior on our grounds!
SET UP CREW	Set up	SENTIENT would not be able to function without the hard work of the Empire Haven ownership, staff and grounds crew as well our own in-house set up & breakdown crew! THANK YOU FOR MAKING SENTIENT HAPPEN!
80	Facilitator	80 has been on her path since 1996 and has worked with many different communities of women. She is a Priestess Path alumni and many time Mama of the Vulva Dialogues. She is excited to be here for her first SENTIENT!
Laura Moulton Cain	Facilitator	Laura has spent a lifetime volunteering with various organizations that work with children. Laura was a Headstart Home Visitor, Youth Group Leader and Girlscout Leader. https://www.facebook.com/laura.moulton .
Myztico Campo	Facilitator	Myztico is a HeARTist on a Mission. His passion is a devotional soul nurturing practice that honors creative source. Myztico's intention as a HeARTist is to bring forth multidimensional worlds through the various mediums of painting (canvas/murals/light pen alchemy/custom auto painting/black light bodypainting/art wear). As a musician/lyricist he strives to explore and share sonic beauty with those open to listen. As a filmmaker, he brings forth stories that need to be expressed. https://www.myzticocampo.com/
Cozmic Theo	Band	Theo is an artist, event producer, father and novice farmer. I am trying my best to make the world a better place and believe in the power of music to create healing & bring people together. Director of Lions Gate Family Campout 8/9 to 8/11!
Carrie Corby	Facilitator	Carrie is an LCSW. She is a psychotherapist with a private practices in central, NY. She aspires to help others learn and grow into their highest potential through self-discovery. https://www.facebook.com/CarrieCorbyLCSW/
Jessica Crawford	LMT	Drawing on principles of Shiatsu combined with Swedish, KAM, Reflexology, and Energy Work, each client receives an appropriately tailored session unique to their specific needs. Jessica is particularly skilled at finding long time patterns of held energy and tensions and releasing these for more long term relief. The effects of the massages tend to be long lasting and may be integrated with education about the body, posture, lifestyle adjustments and improved self-care. https://globalheart.massagetherapy.com/home
Jamie D.	Facilitator	Jamie is our incredible water aerobics instructor! Jamie loves getting shy people to open up and engage! Listen for the laughter and joyous sounds coming from the pool and the invitation to join in the fun and gentle movement!
DJ EVO Evolution	DJ	DJ EVO Evolution is the one-of-a kind DJ Pop Performance Artist, Ramsey "Lightyear" Fulcher. He has evolved through a variety of influences such as Rick Rubin, Pharell Williams, TIMBALAND, and Andre 3000 into his own unique flow and sound. https://www.youtube.com/watch?v=Sly1B_Pofzk

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Kate Gillett	Artist	Kate is the artist behind the circular being that graces many of our posters – we call it the “SENTIENT Being”. Kate resides in Australia and is a mother, dancer, mermaid and surfer. https://www.youtube.com/watch?v=o7JGQW8MfK0
Pamela Hawkins	Facilitator	Pamela is an interfaith Reverend, Reiki Master, energy/light worker, spiritual guide, educator, artist and unabashed cook! She is the founder of “Circle of Spirit” and is an active community volunteer. www.thecircleofspirit.com
Kevin Jackowski	Facilitator	Kevin is the co-leader of the Men's Group. He knows that his young grandson may eventually ask him “what does it mean to be a man?”. For the past 30 years Kevin has explored his pagan path while facilitating and guiding groups of every size. Email: kevinjackowski@yahoo.com
Richard Keyes	Facilitator	Richard has been an undying champion of Naturist causes, activities, festivals and organizations. His joyful and helpful spirit have helped to make SENTIENT what it is today!
Colleen Lagasse	Facilitator	In 2013, the physical stress and dysmorphia from years in the body building industry brought Colleen to seek out something to heal her body and regain flexibility. After discovering Yoga should found an avenue to mental balance and spirituality. She has her E-RYT 500 and numerous Yoga certifications that she readily shares with the community at https://www.rootsyogaandfitness.com/
Bri Leonard	Director	Bri is the volunteer director of SENTIENT. He loves providing meaningful individual/group experiences. He is infinitely interested in bodies, relationships, consent, music/sound, art, touch and spirituality.
Holden Leonard	Coffee House	Holden keeps Site #51 and the Coffeehouse supplied and running. He is currently entering his second year at Oswego State and loves writing, adventure and dance.
Lore McSpadden-Walker	Facilitator	Co Creator of Wild Within Acres! In addition they offer handmade micro-batch herbal healing products; restorative movement coaching; Reiki healing; ancestor work guidance for people of the global minority who are ready to confront the harms of their forebearers; and education about meditation, herbs, and kitchen/green witchcraft. https://www.positiveforcemovement.org/wwh
Kadeleice Meadows	Facilitator	Kadeleice is Cai Quirks assistant in the Queer Temple. Kadeleice has been a quiet yet powerful force behind the scenes of any community they are part of. They have assisted SENTIENT from its humble beginnings with their many contributions.
Bill NESC	Facilitator	Bill is the VP for the Northern Exposure Sun Club. He has been involved in Naturism for 25 years.

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Mia Ohki	Map and Art	We are forever thankful to Mia and her emotive linework illustrations that so aptly capture the spirit of SENTIENT! https://www.miaohki.com/canadian-artist-mia-ohki-gallery
Deana Olivella	Facilitator	Deana is a multi-talented healing arts provider. She was licensed as an LMT in 2013. Her other modalities are Reiki (Master), Cranio-Sacral therapy, Gua Sha, reflexology, moxibustion, breathwork, sound healing and more! www.allthethingsdee.com
Beverly Owen	Facilitator	Reiki Master. Teaches many modalities, Self Empowerment classes and Spiritual Guidance to help others to rise to their potential. My classes might just set you in the right direction to become who you were meant to be!
Sonya Shakti Petrucco	Facilitator	Sonya is a professor of Kinesiology at SUNY Cortland, as well as a practicing yoga and wellness instructor. Sonya has received a BA in Kinesiology concentrating in Exercise Science from SUNY Cortland, an MA in Applied Clinical Nutrition from New York Chiropractic College, and is currently pursuing a PhD in Kinesiology with a heavy focus on yogic science. She is a 500 Hour Yoga Teacher through the Yoga Alliance and is a Shoden I Reiki Practitioner. https://www.intuitionhealingarts.com/
Chuck Phillips	Campfire Host	You can find our congenial Campfire Starter/Fire Keeper manning the family fire pit as well as the drum circle bonfire! Sgt CM PHILLIPS Vietnam veteran USMC Semper Fi in country – 1967/1968 Khe Sahn
Belinda Porter	Facilitator	Seasoned speaker and relationship & sexuality mentor. Co-Owner of Heat Effect Life Coaching. She works with people to help them understand and communicate their desires so that they can have a connection that lasts. https://www.instagram.com/heateffectcoach/
Kevin Porter	Facilitator	Kevin is a Somatic Sexologist certified by Institute of Somatic Sexology (ISS) and by the American Board of Sexology. For the past 9 years he has been introducing couples and singles into fuller and more satisfying lives. His passion to assist people to reconnect to their bodies in pleasure. https://www.instagram.com/heateffectcoach/
Cai Quirk	Facilitator	Cai Quirk (they or other neutral pronouns) is a genderqueer/fluid multi-disciplinary artist who connects gender, mythology, restoryation, and nature-based spirituality through tapestry, photos, poems, stories, and installations. www.caiquirk.com
Rachel	Facilitator	A queer photographer, surrealist, facilitator and inspirational writer based in Rochester, NY. Their passion is to create spaces where people feel safe and empowered to be. https://www.instagram.com/rachthecrouton7/
Anthony Ragonese	Facilitator	Anthony is a professional coach, group facilitator and author. He specializes in men's work and exploring the harmony between pleasure based embodiment practices and sacred esoteric teachings. kingrigatony@gmail.com

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Amanda Rue	Facilitator	Amanda is our consent & safety LEADER! They are also the founder of “The Shift Work Shop” a human resource consultancy resource offering consent forward sexual harassment prevention for progressive workplaces. After sharing her own work trauma in the NY Times, Amanda has made it her mission to empower companies, organizations and individuals alike to cultivate cultures of respect, personal agency and clear communication through the tools and strategies that she has developed. Wwww.theshiftworkshop.com
ruggieri re	Band	ruggieri re explores themes of fear, death, rebellion, regret, struggle, and identity with nuance and sincerity. From atmospheric to gritty, hopeful to intense, moody to triumphant, ruggieri re’s sound is both timeless and contemporary, captivating listeners with its emotive intensity and authenticity. https://www.facebook.com/ruggierire
Silver Rein	Band	Silver Rein is from Ithaca, NY. They play atmospheric dark folk in and around NY State. The intention of their performance is to create a healing atmosphere, focus on complex emotions and to strike notes that are meant to find the commonalities between us. Instagram.com/silverreinmusic
Petra Stone	Facilitator	Petra is a LCSW-R and co-conspirator in everything SENTIENT! Petra’s passion is to create environments in which connection, growth and learning can happen. Find her to share your needs related to food, registration or mental health triggers while at the retreat. Wwww.beginningcounseling.com
Sheniqua Trotman	Facilitator	Sheniqua has lead numerous singing circles and workshops and festivals on vocal empowerment. A singer-songwriter, community leader and mother. Her greatest joy is sharing music with others. https://www.instagram.com/_elevatedexpression/
Damaris Vazquez	Facilitator	Damaris is a Fine-Art Nude & Concept photographer as well as the Co-Creator for the 3D UV Portal at SENTIENT. They are an artist, painter, dancer, writer, filmmaker, Reiki Master, Tarot Reader, Oracle, Queen Squee, Editor and Licensed Massage Therapist www.damarisvazquez.com
Christine Walker-McSpadden	Facilitator	Co Creator of Wild Within Acres! In addition to offering movement-related education, Christine makes amazing works of art through their sewistry. Their focus is on providing fat folks, trans folks, witchy folks, and disabled folks with attire and accessories that celebrate their full selves! https://www.positiveforcemovement.org/ffc
Amanda Wattie	Facilitator	Amanda is an intimacy guide and mentor that connects you to the depth of who you really are. They have devoted their life to awakening the highest potential in myself and others. https://amandawattie.com/

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Jenna Weintraub	Facilitator	Jenna is an expert in the areas of body image and sexual health and a licensed Be Body Positive facilitator. Jenna has a superpower for conveying complicated, sensitive information in a positive, accurate and non-judgemental manner. Www.rochestercenterforsexualwellness.com
Tatiana Williams	Facilitator	I am an eclectic and person-centered healer, meaning that I have multiple tools and modalities I consult in my work, and my goal is to utilize the ones that are the best fit for you and tailored to your needs and desires. I am a trauma-informed practitioner with compassion in my veins. During our time together, I will work with you to have a healthy balance of being collaborative and directive as needed. https://tatianawilliamslicsw.com/with-grace-passion/